

YMCA CAMP MOHAWK

DAY CAMP FAMILY HANDBOOK
SUMMER 2023

YMCA
CAMP MOHAWK
FOR GIRLS • EST 1920



WHAT'S INCLUDED

Welcome, Mohawk families! This handbook was created to help you navigate the ins-and-outs of YMCA Camp Mohawk's day camp. This guide will help you & your camper prepare for summer, and will provide guidance on how you can stay connected, complete forms, make payments, and more. You'll also learn more about our program, staff, and values. We hope you find this guide helpful, and we'll see you this summer!

CONTENTS

Welcome to Camp Mohawk & Mission.....	Page 2
Completing your Paperwork.....	Page 3
Important Forms & Dates.....	Page 4
Drop-off & Pick-up Procedures.....	Page 5
Meals.....	Page 6
What to Expect This Summer.....	Page 7
Our Staff.....	Page 8
Daily Checklist.....	Page 9
Daily Update & Photos.....	Page 10
Refund Policy.....	Page 11
Contact Information.....	Page 12

WELCOME TO CAMP MOHAWK!

Congratulations, you've found the Best Camp in the Land! We are so excited to welcome you to YMCA Camp Mohawk Day Camp! My name is Jess Deacon and I am the current Day Camp Director here at YMCA Camp Mohawk. I am from Litchfield, CT and have been coming to camp since the summer of 2014. I was a camper, CIT, Junior Counselor, and then Counselor before becoming the Day Camp Director here at camp. I am so excited for you and your camper to experience all that Camp Mohawk has to offer this summer! Here at Camp Mohawk your camper will make new friends, create memories, learn new activities, become more confident and independent, and have a blast while doing it. Thank you for choosing YMCA Camp Mohawk this summer, and assure you that we will do our very best to give your camper the summer of a lifetime.



OUR MISSION

The primary purpose of YMCA Camp Mohawk is to provide rich and diverse group outdoor experiences for girls and young women in pursuit of developing character, leadership and values in accordance with traditional YMCA principles.

COMPLETING YOUR PAPERWORK

Before you arrive to drop off on check-in day, all of your camper's forms must be completed. They are all available on your CamplnTouch account, and can either be completed online, or printed and uploaded to your account. You are more than welcome to send in paper copies to our office.

To complete your forms:









1. Login to your CamplnTouch account
2. Click "Forms & Documents"



Forms & Documents

Complete forms online and print important documents.

3. View your required forms:

Form	Due	Status	
 Bunk Requests	06/01/2022	● 15 days overdue	
 Letter to My Counselor (Day Camp) (170.30kb PDF)	06/01/2022	● 15 days overdue	 UPLOAD
 Parent Letter to My Counselor (Day Camp) (383.03kb PDF)	06/01/2022	● 15 days overdue	 UPLOAD
 Physician's Exam (56.24kb PDF)	06/01/2022	● 15 days overdue	 UPLOAD
 Medication Authorization Form (179.50kb PDF)	06/01/2022		 UPLOAD

Downloading: To the left of each form there is a down arrow. Once clicked, your computer will start downloading the file.

Uploading: To the right of each form there is an up arrow. Please only upload that specified form.

Online forms: If there is a computer symbol next to the file, it is an online form that will be completed only on your computer.

IMPORTANT FORMS & DATES

ALL CAMPER FORMS DUE JUNE 1ST

The required camper forms are now available online through your CampInTouch portal. The first icon once you sign in will be a yellow box labeled 'Forms and Documents.' From here, you will see there are multiple forms to complete:

1. **Letter to My Counselor:** Must be completed by the camper(s). This will be given to their counselors so that they can have a better understanding of their camper before they arrive.
2. **Parent Letter to My Counselor:** Must be completed by you, the parent or guardian. This will give us a better idea of what your expectations are, as well as any other information we may need for your child's time with us.
3. **Physician's Exam:** This will need to be completed by a doctor. You are more than welcome to use the form we provided, but your physician's own form will also be accepted. We understand there can be a delay in getting this form completed, and we will gladly accept forms up to 3 years old.
4. **Medication Authorization:** This form is NOT required. However, if your child is bringing ANY kind of medication (topical, over the counter, prescription, etc.) we will need this form completed and signed by a doctor. You will need to complete one form per medication. You may be asked to complete an Individualized Care Plan. We will be in touch if this is the case.

Once you have completed the forms, you will upload them back on to your CampInTouch portal. As always, if you have any questions or concerns, please reach out and we will be happy to help.

DROP-OFF/PICK-UP PROCEDURES

We offer two options for day camp transportation: a bus service or individual drop-off/pick-up.

Bus Option

We offer a bus pick up and drop off at Litchfield Community Field and the Annex in Bantam.

Morning

8:15am Litchfield Community Field

8:30am Bantam Annex (80 Doyle Rd. Bantam)

Afternoon

5:10pm Bantam Annex (80 Doyle Rd. Bantam)

5:25pm Litchfield Community Field

Drop-Off & Pick-Up Times

Campers should be dropped off between **8:45am – 8:50am**.

Programming will start promptly at 9:00am.

Campers should be picked up between **4:35pm – 4:45pm**.

Parents will be asked to park over the bridge, drop their camper off, and wave goodbye as their camper joins the group at the pavilion.

MEALS

Lunch

Each day, we will provide two options for lunch – a meat and cheese sandwich or sunbutter and jelly. Lunch will be peanut free. Campers are welcome to bring a packed, peanut free, lunch from home.

On Wednesdays, lunch will be pizza provided in the dining hall.

Lunch will include a sandwich, with a fruit or vegetable, a side , and drink.

Example: Turkey and cheese, goldfish, apple, and drink.

Snack

Each day, we will provide one snack option and a drink. Campers are welcome to bring a packed, peanut free, snack from home.

Examples: Goldfish, muffin, chips, etc.

WHAT YOU & YOUR CAMPER CAN EXPECT THIS SUMMER

Daily Schedule

8:45 - 8:50 — Drop-Off
9:00 — Activity Period 1
10:05 — Activity Period 2
11:10 — Activity Period 3
12:00 — Lunch
12:45 — Free Swim & Waterfront Time
2:15 — Activity Period 4
2:50 — Snack
3:10 — Activity Period 5
4:15 — Cabin Time/Closing Circle
4:35 - 4:45 — Pick-Up

Activities Offered This Summer

Free Swim	Badminton	Field Sports
Boating	Ropes	Arts & Crafts
Fishing	Tennis	Farm
Log Rolling	Basketball	Jewelry
Volleyball	Nature	Basketry
STEM	Friendship Bracelets	Gaga
Horseback Riding	Archery	Yoga
AND MORE!		

OUR STAFF

The majority of our day camp staff are long-time Mohawkers, who have worked their way up from campers. These talented young women have committed their summers to Mohawk and its campers for years, and couldn't imagine not giving another year to camp.

We have also hired a number of local staff from other camps & youth programs. We are excited to have so many experienced, skilled counselors to help your campers have the summer of a lifetime.



DAILY CHECKLIST – WHAT TO BRING EACH DAY

Feel free to alter according to your child's schedule & specific needs.

What to bring

- ☐ Reusable water bottle (MUST HAVE)
- ☐ Backpack
- ☐ Lunch or snack (if not having camp provided food)
- ☐ Swim suit
- ☐ Towel
- ☐ Bug spray
- ☐ Sunscreen
- ☐ Extra hair ties
- ☐ Rain jacket or poncho REQUIRED on rainy days

Optional

- ☐ Books or magazines
- ☐ Camera
- ☐ Battery operated fan
- ☐ Personal sports equipment
- ☐ Musical instrument

Do NOT bring

- ☐ Cell phones, tablets, computers
- ☐ ANY device with internet access
- ☐ Televisions, laptops, DVD players

DAILY UPDATE & PHOTOS

Each day during the summer, our Media Director posts photos of our campers, alongside a Daily Update, a blog post detailing the events of each day. Here's how you can access these:

1. Login to your CampInTouch account
2. Scroll down to "Online Community"
3. To view the Daily Update, click "News". Once you get to the News Page, click "Daily Updates". You'll then have the option to choose the day you'd like to read.
4. To view each day's photos, click "Photos". You'll be able to see all of the photo albums, and click on the day you'd like to view.



REFUND POLICY

- 1. Prior to attendance: NO REFUNDS will be made for cancellations received after June 1st except in cases of documented medical reasons. In the event of documented medical reasons for cancellation, a refund will be issued for all of fees paid after the deposit has been subtracted. In the event of cancellation of one or more sessions, while still enrolled in another, deposits will be partially transferred to the remaining balance in the amount of \$100.**
- 2. Once a child has begun her camp experience, no refund will be issued for any part of camp fees paid if the child leaves camp before the session(s) she is registered for are completed except in the case of a documented medical reason. Any camper withdrawn from camp for reasons related to homesickness will not be issued a refund. In the event of a documented medical reason, other than those related to homesickness, a refund will be issued for prorated fees minus the deposit.**

CONTACT US

Mailing Address:

**YMCA Camp Mohawk
PO Box 1209
Litchfield, CT 06759**

Physical Address:

**YMCA Camp Mohawk
246 Great Hill Road
Litchfield, CT 06759**

Phone: (860) 672-6655

Email: info@campmohawk.org

Website: www.campmohawk.org

**Thank you for choosing YMCA Camp Mohawk
this summer!**

**We look forward to getting to know you and
your daughter.**