



YMCA
CAMP MOHAWK
FOR GIRLS • EST 1920

DAY CAMP
FAMILY HANDBOOK
— **SUMMER 2026** —



WELCOME, MOHAWK FAMILIES!

Congratulations, you've found the Best Camp in the Land! We are so excited to welcome you to YMCA Camp Mohawk. Here at Camp Mohawk, we take pride in the community that Mohawk staff, campers, and families foster. This community helps girls and young women grow, thrive, and be their best selves in a beautiful outdoor environment.

Our handbook is your go-to guide for all things camp-related - from prepping for the sunny days ahead to staying connected, filling out forms, making payments, and more.

We thank you for choosing Camp Mohawk this summer and assure you that we will do our very best to give your camper the summer of a lifetime. She will make new friends, create memories, become more confident and independent, and have a blast while doing it. Our amazing staff will help your camper achieve her fullest potential, as we have been doing for over 100 years.

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OUR MISSION

The primary purpose of YMCA Camp Mohawk is to provide rich and diverse group outdoor experiences for girls and young women in pursuit of developing character, leadership, and values in accordance with traditional YMCA principles.

MEET OUR STAFF

PATRICK MARCHAND, CEO

Patrick's family has been with Camp Mohawk since 1988, when his father, Fran, was Mohawk's CEO. Patrick became our Camp Director in 2009 and in 2018, Mohawk's CEO. Patrick still works as the Camp Director throughout the summer, overseeing all staff, activities, and all things camp. Patrick and his family live at camp during the summer and his girls enjoy our overnight and day camp programming. During the day, Patrick can be found enjoying Mohawk and overseeing the daily aspects of camp.

MIKAYLA HARTMAN, ASSISTANT DIRECTOR

Mikayla has been with Camp Mohawk since 2007, started on staff in 2015, and started full time in 2021. She has been a camper, CIT, counselor, Unit Leader, Senior Program Director, and now, our Assistant Director. Mikayla is in charge of staff recruitment, hiring and training, oversees all programming, our Program Directors, CIT Director and program, our senior programming, fundraising, and transportation. During the day, Mikayla likes to join in the with campers in their activities, and doing her best make sure everyone is having the greatest camp experience.

OUR SUMMER STAFF

Each day camp group is under the leadership of mature, caring counselors. These young women commit their summers to serving Mohawk campers and are responsible for creating the welcoming environment that we see throughout camp.



CONTACT US

We would love to answer any questions you may have! Please reach out to us to chat.



Phone: (860) 672-6655
Email: info@campmohawk.org
Website: campmohawk.org



PRIOR TO CAMP: PAPERWORK

COMPLETING YOUR PAPERWORK

All paperwork is due June 1st and is available online in your **CampInTouch** account under "Forms & Documents." These forms can either be completed online, or printed and uploaded to your account. You are more than welcome to send in paper copies to our office.

HEALTH HISTORY (*online form*) This form gives our nurses a little extra medical background information on your child. Included is a page that gives the nurses authority to provide common medications to your child. Please review carefully.

LETTER TO MY COUNSELOR Must be completed by the camper(s). This will be given to their counselors so that they can have a better understanding of their camper before they arrive.

MEDICATION AUTHORIZATION FORM This form is NOT required. However, if your child is bringing ANY kind of medication (topical, over the counter, prescription, vitamins, etc.) we will need this form completed AND signed by a doctor. Please check to make sure we do not already have common medications through the Health History form. You may be asked to complete an Individualized Care Plan, as well.

PARENT LETTER TO MY COUNSELOR (*online form*) Must be completed by you, the parent or guardian. This will give us a better idea of what your expectations are, as well as any other information we may need for your child's time with us.

PHYSICIAN'S EXAM This will need to be completed by a doctor. You are more than welcome to use the form we provide, but your physician's own form will also be accepted. We will gladly accept forms up to 2 years old.

HOW TO COMPLETE YOUR ONLINE FORMS

1. Login to your CampInTouch account
2. Click "Forms & Documents"



3. View your required forms:

Form	Due	Status
 Terms & Conditions Agreement	06/01/2025	Due on Jun 1, 2025
 Day Camp Transportation	06/01/2025	Due on Jun 1, 2025
 Letter to My Counselor (Day Camp) (170.30kb PDF)	06/01/2025	Due on Jun 1, 2025  UPLOAD
 Letter to My Counselor (Parent)	06/01/2025	Due on Jun 1, 2025
 Health History	06/01/2025	Due on Jun 1, 2025
 Physician's Exam [more info] (154.44kb PDF)	06/01/2025	Due on Jun 1, 2025  UPLOAD
 Medication Authorization Form [more info] (162.30kb PDF)	06/01/2025	 UPLOAD
 Insurance Card [more info]	06/01/2025	Due on Jun 1, 2025  UPLOAD

Downloading: To the left of each form there is a down arrow. Once clicked, your computer will start downloading the file.

Uploading: To the right of each form there is an up arrow. Please only upload that specified form.

Online forms: If there is a computer symbol next to the file, it is an online form that will be completed only on your computer.

As always, if you have any questions or concerns, please reach out to our office.

DROP-OFF/PICK-UP PROCEDURES

We offer two options for day camp transportation: bus service or parent drop-off/pick-up.

PARENT TRANSPORTATION

MORNING DROP-OFF

8:45 -8:50 AM

At drop off, parents will be asked to pull through the circle, drop their camper off, and wave goodbye as their camper joins the group at the pavilion.

AFTERNOON PICK-UP

4:30 PM

At pick up, your child please make sure you have a photo I.D. ready. You will tell the staff member which child you are picking up and group they are in, and they will direct your car to where to go. You will need you show your I.D. to your child's counselor once you get to where your child's group is being picked up.

BUS TRANSPORTATION

Bus service is provided at no additional cost. Please arrive at the bus stop several minutes ahead of the scheduled bus time.

MORNING BUS

8:15 AM Litchfield Community Field

8:30 AM Bantam Annex (80 Doyle Rd)

AFTERNOON BUS

5:00 PM Bantam Annex (80 Doyle Rd)

5:15 PM Litchfield Community Field

DAILY CHECKLIST

WHAT TO BRING

- Backpack
- Reusable water bottle *(required)*
- Swimsuit
- Towel
- Bug spray
- Sunscreen
- Extra hair ties
- Raincoat or poncho *(required on rainy days)*

WHAT NOT TO BRING

- Any electronic devices, including:
- Cell phones
 - Tablets
 - Computers
 - Any device with internet access,
 - Televisions, DVD players, laptops

**We recommend that campers bring a backpack daily with their personal items.
Feel free to alter according to your child's schedule and specific needs.
Please MARK EVERYTHING with your daughter's name.**

CAMP MEALS

LUNCH AND SNACK ARE PROVIDED DAILY!

LUNCH

Each day lunch will include a sandwich, with fruit or vegetable, a side and drink. Wednesday is pizza day! Lunch will be peanut free. Campers are welcome to bring a packed, peanut-free lunch from home.

Example lunch: Turkey & cheese sandwich, an apple, goldfish and fruit punch

SNACK

Each afternoon campers will be provided with a snack and drink. Campers are welcome to bring a peanut-free snack from home if they choose.

Examples: Goldfish, veggie straws or mini-muffins, and a juice box.

DAILY SCHEDULE

8:45-8:50 am	Camper Drop-off
9:00 am	Activity #1
10:05 am	Activity #2
11:10 am	Activity #3
12:00 pm	Lunch
12:45 pm	Free Swim & Waterfront
2:15 pm	Activity #4
2:50 pm	Snack
3:10 pm	Activity #5
4:05 pm	Closing Circle
4:30 pm	Camper Pick-up



CAMP ACTIVITIES

- Swimming
- Boating
- Log Rolling
- Fishing
- Farm
- Horseback Riding (extra fee)
- Arts & Crafts



- Basketry
- Friendship Bracelets
- Jewelry
- Archery
- Badminton
- Basketball
- Field Sports



- Gaga
- Nature
- Ropes Course
- Tennis
- Volleyball
- Yoga
- And more!

DAILY UPDATE & PHOTOS

Each day during the summer, our Media Director posts photos of our campers. Here's how you can access these:

1. Login to your CamplnTouch account
2. Scroll down to "Online Community"
3. To view each day's photos, click "Photos." You'll be able to see all of the photo albums, and click on the day you would like to view. If you would like, you may purchase prints and other photo gifts. You can add photos to your "Cart" as you look at pictures.



REFUND POLICY

1. Any cancellation received in writing or email (info@campmohawk.org) prior to June 1st will result in a refund of all fees paid minus the \$80.00 deposit per session, regardless of reason of cancellation.
2. Prior to attendance: No refunds will be made for cancellations received after June 1st.
3. Once a child has begun her camp experience, no refund will be issued for any part of camp fees paid if the child leaves camp before the session(s) she is registered for are completed. Any camper withdrawn from camp for reasons related to homesickness will not be issued a refund.
4. Riding Fees: If inclement weather results in a camper being unable to ride for more than two days in a one week period, a refund equal to 1/5 of the weekly riding fee paid will be refunded upon request for each subsequent day that a riding lesson participant cannot ride due to weather related causes.

If you are uncomfortable with the above Refund Policy, please consider camp cancellation insurance. Information about camp cancellation insurance is available at www.travmark.com